HAIR & SCALP / COST COMPARISON WORKSHEET

Compare the whole purchase.

Choose products appropriate for your plan. Match the strength, format and directions before comparing price. Keep your completed sheet privately.

Product / retailer / date	Option A	Option B
Strength, format and label		
Pack size / labeled supply		
Price due now		
Shipping / required fees		
Repeat price / next charge		
Billing and delivery interval		
Care included / extra costs		
Cancellation / refund terms		

Prescription option? Record the prescribed supply, not an assumed month per bottle. Ask what the evaluation, follow-up and any recommended monitoring cost.

This sheet helps compare costs. It does not choose a treatment, dose or product for you. Follow the actual label or your provider's instructions.

HAIR & SCALP / COST COMPARISON WORKSHEET

Plan the cash you will need.

Monthly averages and actual checkout charges are different. Include whole packs, delivery and any care costs. Keep introductory discounts separate.

1. Budget period: _____ months

2. Supply per pack or prescription fill: _____

3. Whole packs / fills required: _____

4. Product cost: _____ packs or fills x $_____ = $_____

5. Delivery + required fees + medical care: $_____

6. Total planned spending: $_____

7. Supply left at the end / expiration date: _____

EXAMPLE / WHOLE-PACK MATH

Six months needed, four months per pack: buy two packs. At $34.99 each, spend $69.98 and have two labeled months left. Tax and delivery are extra.

Questions for my pharmacist or provider

Review date: _____ | Next charge / cancellation deadline: _____